

SAĞLIK Bilimleri

2017 TEMMUZ
YÖKDİL
Sağlık - Sosyal - Fen



SystemDil

DİKKAT!

www.sistemdil.com adresinde yer alan bilgilerin, görsel unsurların ve bunların düzenlenmelerinin telif hakkı, aksi açıkça belirtilmediği sürece Özel Sistem Lisan ve Bilgisayar Kursları Turizm Taahhüt Ltd. Şti' ye Aittir.

Bilgiler, görsel unsurlar, basılı materyaller Özel Sistem Lisan ve Bilgisayar Kursları Turizm Taahhüt Ltd. Şti.'nin yazılı izni olmaksızın dağıtılamaz, çoğaltılamaz, alt lisansla kullanılamaz, değiştirilemez, ticari bir amaçla kullanılamaz. Kaynak gösterilerek alıntı yapılabilir.

**SİSTEM DİL KURSU
ESKİŞEHİR**



YÖKDİL SAĞLIK BİLİMLERİ KARMA TEST-1

1. – 6. sorularda, cümleler sırasıyla okunduğunda parçanın anlam bütünlüğünü bozan cümleyi bulunuz.

1. (I) Mumps usually passes without causing serious damage to a person's health. (II) Serious complications are rare. (III) However, it can lead to viral meningitis if the virus moves into the outer layer of the brain. (IV) Mumps vaccine is given in the same shot with measles and rubella. (V) Other complications include swelling of the testicles in males or the ovaries in females.

A) I B) II C) III D) IV E) V

2. (I) Throughout most of history, long eyelashes have been considered more fashionable. (II) The eyelashes serve as a protective barrier to seal off your eyes from foreign objects or moisture and prevent irritation or infection. (III) When you close your eyes, the curled lashes connect to form a seal and keep unwanted particles out. (IV) If your eyes are open, the curved shape of your lashes will help move water away from the eye. (V) Eyelashes also help us to detect foreign objects that get too close.

A) I B) II C) III D) IV E) V

3. (I) Beauty treatments such as waxing, plucking, and threading can irritate the delicate skin around your eyebrows. (II) Usually, the bumps and itching are mild and go away in a few days. (III) Removing hair from the head and face of men was originally not for arrogance purposes but for survival. (IV) If symptoms persist, you may have a superficial skin infection. (V) Your doctor can help determine if your eyebrow area is infected, along with the best course of treatment for the infection.

A) I B) II C) III D) IV E) V

4. (I) Life expectancy and child mortality are greatly affected by poverty. (II) Statistics show that life expectancy in poor nations is up to 30 years below that of wealthy nations, like the USA. (III) Child mortality is shockingly high in poor countries; 13.5% of children die before the age of 5 in poor countries. (IV) Many people living in poverty are unable to attend school from a very early age. (V) This number is the average for poor countries, but some African nations have a child mortality rate of 20%.

A) I B) II C) III D) IV E) V

5. (I) One of the most common dental problems is tooth decay, which is also referred to as dental caries or cavities. (II) The root canal procedure involves a dentist drilling a hole in the top of the infected tooth. (III) It occurs when the bacteria in plaque is given the chance to settle on teeth. (IV) It produces an acid that slowly eats away at the tooth enamel and forms holes. (V) This bacterium is particularly prevalent after eating sugars and starches.

A) I B) II C) III D) IV E) V

6. (I) Poor animal nutrition is one of the major causes of low production and poor resistance to diseases and parasites. (II) Sometimes people in poverty are malnourished simply because they don't eat enough of anything. (III) For some people around the world, quality food is a luxury. (IV) A total of 14.3% of people in developing countries face hunger and about 25% of Sub-Saharan Africa is considered malnourished. (V) Poor nutrition also causes 45% of deaths in children under the age of 5.

A) I B) II C) III D) IV E) V

7. – 12. sorularda, boş bırakılan yere parçada anlam bütünlüğünü sağlamak için getirilebilecek cümleyi bulunuz.

7. **What you eat can contribute to digestive problems. ----. Poor eating habits, such as eating too quickly or skipping meals, can also be part of the problem. However, these digestive problems can be prevented by eating a healthy, balanced diet.**

- A) On the contrary, people with a poor digestive system have problems after eating certain foods
- B) Through a process of trial-and-error, you can find a variety of healthy foods to add to your diet
- C) There are, though, certain symptoms of digestive problems that should be evaluated by a health professional
- D) Therefore, foods that haven't been highly processed can have more than one effect in the body
- E) Many people eat too much processed food and sugar, and not enough fibre, fruits, and vegetables

8. The humble mussel could soon help us prevent scarring. A sticky substance naturally secreted by the marine animal is one element of a glue that closes skin wounds seamlessly in rats. The glue could be used to prevent unsightly scars after accidental cuts or surgical operations. ----.

- A) So new scar treatments are needed as the existing ones don't work very well
- B) If this can be replicated in humans, it might be the next big thing for scar therapy
- C) However, these approaches are still being tested on animals
- D) In doing so, the fibres are more easily able to weave in and out between each other
- E) Because decorin has a complex physical structure, it cannot be used in the clinic

9. Ebola is not spread through the air. ----. However, if an infected individual directly sneezes on a person and the mucus from that sneeze comes into contact with an open cut or the eyes, nose or mouth of someone else, there is a chance of infection. The World Health Organization (WHO) has not documented cases of this actually happening, though.

- A) Although the Ebola virus has been present for more than three decades, the largest outbreak began in West Africa in 2014
- B) Unlike other types of viruses, Ebola can't be transmitted through the air or by touch alone
- C) This means that a person cannot contract the virus from breathing the same air as an infected individual
- D) There is no cure for Ebola, nor are there any vaccines that can prevent the disease
- E) These virus types cause haemorrhagic fever or profuse bleeding inside and outside the body

10. Gingivitis is the early stage of gum disease. ----. If it cannot be reversed, it develops into periodontitis, which is an advanced gum disease. Almost half of adults over 30 are affected by chronic periodontitis, which can lead to irreversible loss of the tissue and bone that supports your teeth.

- A) You had better consult a dentist immediately if you notice drastic changes in your mouth
- B) Regular dental care is important to preventing build-up that affects the gums
- C) If plaque is left unchecked, it will irritate the gums leading to redness and soreness
- D) It can be eliminated by a thorough dental and proper dental care following the cleaning
- E) No matter what stage you are at, gum disease is a very complicated and multi-factor disease

11. Allergic rhinitis is an overreaction to certain foreign matter in the environment called allergy triggers or allergens. ----. Exposure to these allergens causes certain cells in the mucus membranes of the nose to release histamine, leukotrienes and other chemical substances which cause the symptoms. It may sometimes lead to complications such as ear infections, sore throat, asthma, cough, headaches, altered sleep patterns or fatigue.

- A) You should only take the medications prescribes or approved by your doctor
- B) Preventing these complications is one reason why it is important to have your allergies properly treated
- C) A variety of medication is available today to treat allergic rhinitis
- D) It is also important to avoid irritating substances such as smoke, chemicals, or strong odours
- E) Potential allergens include dust, mould, pollens, animal dander, and cockroaches

12. By the time people reach adulthood, their teeth and gums have had quite a workout. When gums are healthy, they continue to fit snugly around the teeth. However, many adults develop some type of periodontal, or gum disease, which is an infection of the tissues that support their teeth. ----. Nevertheless, more studies are needed to determine if the bacteria or the inflammatory response associated with gum diseases play a role in these problems.

- A) Some researchers suggest that there may be a link between gum disease and some serious health concerns
- B) Sugary and starchy foods cause a reaction in your mouth that leads to tooth decay
- C) A good dentist has the perfect expertise to see symptoms or signs of trouble that you can't
- D) The process which is almost always combined with bonding usually is quick and comfortable
- E) During this procedure, gum tissue is taken from another donor source to cover the exposed root

13. – 22. sorularda, verilen cümleyi uygun şekilde tamamlayan ifadeyi bulunuz.

13. The better your oral health routine is, ----.

- A) the less chance you will have of suffering tooth decay
- B) the likelihood of developing a cavity depends entirely on one's lifestyle
- C) the best possible approach to dealing with plaque is prevention
- D) these conditions cause a lot of pain and discomfort for patients
- E) the surface of the teeth is severely damaged

14. If you are having trouble falling asleep, ----.

- A) this is a widespread phenomenon that already plagued our ancestors
- B) it is hard to deny that adequate sleep at night is the backbone of personal health
- C) sleep quality is vital to your survival as a contributing human being to society
- D) deep sleep promotes healthy growth and development in teens and children
- E) you may make some simple adjustments before resorting to sleeping pills

15. Allergic Rhinitis, also known as hay fever, is a type of inflammation in the nose ----.

- A) that it adversely affects the mucus membranes of the nose
- B) but unlike allergic rhinitis, perennial allergic rhinitis occurs throughout the year
- C) which occurs when the immune system overreacts to allergens in the air
- D) so skin testing is most common method for allergic testing
- E) though allergic and non-allergic rhinitis can have many of the same symptoms

16. ----, it can be difficult for it to battle viruses, bacteria, and fungi that cause infections.

- A) Because babies are protected from infections by antibodies transmitted to them by their mothers
- B) When the immune system doesn't function adequately
- C) As the symptoms of immune deficiency depend on how the immune system is affected
- D) If babies' immune systems begin to take responsibility for fighting off infections
- E) Not only does the body release certain chemicals that facilitates the inflammation process

17. In addition to keeping infections under control and following a healthy diet, ----.

- A) another way to prevent dental diseases after a medical procedure is visiting your dentist
- B) the destruction of tooth structure can affect the outer coating of the tooth
- C) tooth decay occurs when foods containing sugars and starches are left on the teeth
- D) the acids in plaque dissolve the surface of the teeth, creating cavities in the teeth
- E) this inflammation can cause the gums and supporting bone structure to deteriorate

18. ----, they can predict the probability that a baby will be born with a specific one.

- A) So that gene therapy can be used for curing all genetic disorders in the future
- B) While recessive genes control many human genetic disorders
- C) If Mendel were to pick up a daily newspaper in any country today
- D) When geneticists understand how a trait is inherited
- E) Because genetic engineering is used to help produce large volumes of medicine

19. Some of the pollen from canola crops is capable of spreading up to 8 km from the plant, ----.

- A) unless other research is done to find new ways to improve crop production
- B) because some people might prefer foods that are not changed genetically
- C) although it is one of the first wind-pollinated crops developed for commercial use
- D) even if the white blooms of the rare wild pear weren't pollinated by a variety of insects
- E) while corn and potato pollen can spread up to only 1 km

20. Eating is a complex process ---- as their illness progresses.

- A) who tend to have trouble swallowing and chewing food
- B) that people with dementia can find increasingly difficult
- C) but decayed, discoloured, or loose teeth may cause pain
- D) as long as they are reluctant to wear their dentures
- E) which are also quite common in frail elderly people

21. Cholesterol is actually not a deadly poison; instead, ----.

- A) too much of it in the blood can cause dangerous clots
- B) most of us know that it leads to heart attacks and stroke
- C) it is known as a fatty substance produced by the liver
- D) it is a substance vital to the cells of all mammals
- E) high cholesterol is dangerous to your heart and vessels

22. If a stroke occurs and blood flow can't reach the region controlling a particular body function, ----.

- A) it is unlikely that some disability involving vision will result
- B) its effects would depend primarily on the location of the obstruction
- C) that part of the body won't work as properly as it should
- D) it could have depended on the severity of the injury
- E) the brain is made up of two hemispheres with different functions

ANSWER KEY	
1	D
2	A
3	C
4	D
5	B
6	A
7	E
8	B
9	C
10	D
11	E
12	A
13	A
14	E
15	C
16	B
17	A
18	D
19	E
20	B
21	D
22	C

SystemDil

www.sistemdil.com